

GET THE OTEZLA \$0 CO-PAY\* CARD



**Otezla**<sup>®</sup>  
(apremilast) 30mg  
tablets

| show *more* of you

Otezla is the first and only pill approved by the FDA to treat **plaque psoriasis** and **psoriatic arthritis**.

Otezla<sup>®</sup> (apremilast) is a prescription medicine used to treat adult patients with:

- Plaque psoriasis for whom phototherapy or systemic therapy is appropriate.
- Active psoriatic arthritis.

#### SELECTED SAFETY INFORMATION

**You must not take Otezla if you are allergic to apremilast or to any of the ingredients in Otezla.**

**Please see Important Safety Information on page 25.**

\*Certain restrictions apply.

**1-844-4OTEZLA | [otezla.com](https://www.otezla.com)**



## Otezla is a different **choice**



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### Questions?

If you have questions about treatment or insurance coverage, need financial assistance, or need help working with your specialty pharmacy, give **Otezla SupportPlus** a call.

**1-844-4OTEZLA** (1-844-468-3952)

8 AM - 8 PM ET, Monday - Friday.



show *more* of you

### Clearer skin is achievable



In a **mild to moderate plaque psoriasis** clinical trial, over **5 times more people** achieved clearer skin after 4 months of taking Otezla (22%) compared to placebo (4%).



In **moderate to severe plaque psoriasis** clinical trials, **75% clearer skin was achievable**, with reduced redness, thickness, and scaliness of plaques after just 4 months of treatment.

### Proven effective in scalp psoriasis



Otezla is proven to help with **mild to moderate** and **moderate to severe** plaque psoriasis of the scalp.

Otezla is the *first and only* pill approved by the FDA to treat plaque psoriasis and psoriatic arthritis.



Not *an* injection *or* cream—**Otezla is a pill**

### For psoriatic arthritis



Some people can have **less joint swelling, tenderness, and pain** and **an improved ability to perform physical activities of daily living** after just 4 months of treatment.

### No blood testing required



The Otezla Prescribing Information has **no requirement** for initial or routine **blood testing**.

### A pill that treats differently



Otezla works to reduce PDE4 activity—though the exact way in which Otezla helps improve symptoms isn't completely understood, it's thought to help **reduce inflammation**.

### Side effects of Otezla

**The most common side effects of Otezla** in plaque psoriasis were diarrhea, nausea, upper respiratory tract infection, tension headache, and headache.

**The most common side effects of Otezla** in psoriatic arthritis were diarrhea, nausea, and headache.

Please see Important Safety Information on page 25.

## Taking Otezla



**Otezla is a pill taken by mouth every day—once in the morning, and once at night.** You can take Otezla **with or without food**. But it's important not to crush, split, or chew the pill.

### Staying consistent with treatment

It's important to **take Otezla** every day **exactly as prescribed**. Do not skip doses or discontinue treatment without consulting your doctor.

Talk to your doctor if you experience any side effects.

## Your first week

On your first day, you only take one pill. For people with severe kidney disease, the Otezla dose is one pill a day.

When you open your starter pack, you'll see you have a 5-day titration period, which means that you'll gradually increase your dose over your first 5 days, until you reach the recommended dose. People with severe kidney disease will follow a different schedule for their titration period. **Be sure to take Otezla as directed by your doctor.**

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6 & beyond
AM	10 mg	10 mg	10 mg	20 mg	20 mg	30 mg
PM	-	10 mg	20 mg	20 mg	30 mg	30 mg

This titration period is meant to help reduce the gastrointestinal symptoms related to initial treatment with Otezla.

### Selected Safety Information

**Otezla can cause allergic reactions, sometimes severe.** Stop using Otezla and call your healthcare provider or seek emergency help right away if you develop any of the following symptoms of a serious allergic reaction: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

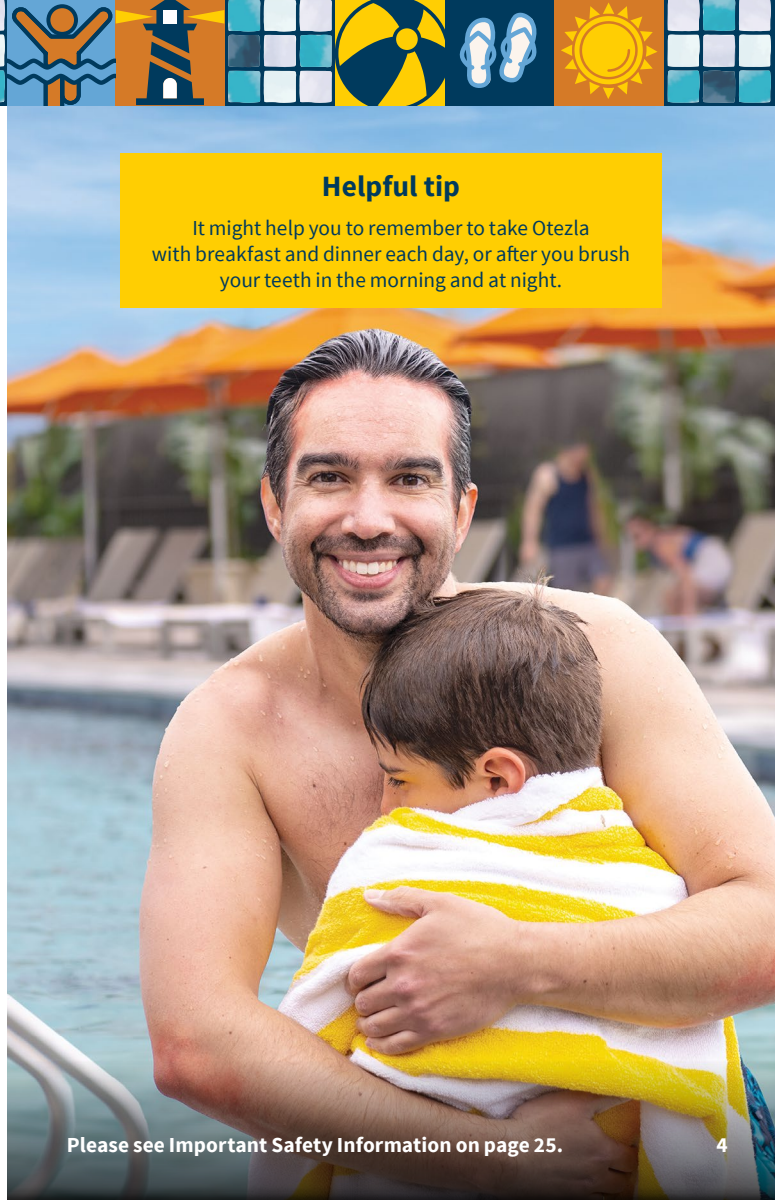


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### Helpful tip

It might help you to remember to take Otezla with breakfast and dinner each day, or after you brush your teeth in the morning and at night.





## Getting **Otezla** from a *specialty pharmacy*

After you've finished your starter pack, Otezla is delivered to you by a specialty pharmacy. That means there's no need to pick up your medication—it's brought right to your door.

Keep reading to learn more about the process of getting your Otezla prescription from a specialty pharmacy.

### **First, your doctor will send your prescription to a specialty pharmacy.**



Ask your doctor's office for your specialty pharmacy's information. Take note of the name and number of your specialty pharmacy, so when they call you'll know it's them.

### **Then, the specialty pharmacy will call you to set up delivery.**



If you don't hear from your specialty pharmacy within a week after being prescribed Otezla, talk to your doctor or call Otezla SupportPlus™ at **1-844-4OTEZLA** (1-844-468-3952). If you have an Otezla \$0 Co-Pay Card, remember to have it handy and be ready to provide the number on the card to the pharmacist.

### **Lastly, your Otezla prescription will be delivered to your doorstep.**



Once your specialty pharmacy receives approval from your insurance company, they will fill the prescription and send your Otezla directly to you. Success!



Watch a video to learn more about working with a specialty pharmacy.

Visit [otezla.com/specialty-pharmacy](https://otezla.com/specialty-pharmacy) to get the scoop.

### **Questions about insurance approval?**

See page 25 of this brochure for savings and coverage options.



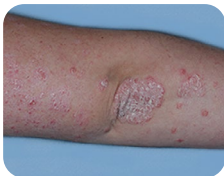
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## Proven *results* in **moderate to severe** plaque psoriasis

BEFORE OTEZLA



WITH OTEZLA AT 16 WEEKS



BEFORE OTEZLA



WITH OTEZLA AT 16 WEEKS



Actual Otezla patients. Not everyone responds to Otezla, and those who do respond may respond differently.

See more before and after photos at  
[otezla.com/images](https://otezla.com/images)



"After taking Otezla for 4 months, I noticed the psoriasis minimizing on my arms and legs. After a while, it was much less noticeable on my face."

—Eddie, Otezla patient since 2016



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## Clearer skin *is possible with* Otezla



Studies showed that after just 4 months on Otezla, a **75% reduction** in moderate to severe plaque psoriasis is **achievable**.



Otezla  
Nurse  
Partner

**With Otezla, you don't have to start off alone.**

Get one-on-one tailored support from an Otezla Nurse Partner\* by enrolling in Otezla SupportPlus™ at [otezla.com/supportplus](https://otezla.com/supportplus) or by calling **1-844-4OTEZLA**

\*Otezla Nurse Partners are nurses by training, but they are not part of your treatment team or an extension of your doctor's office. You will be referred to your doctor's office for clinical advice.

### Common side effects of Otezla

The most common side effects of Otezla were diarrhea, nausea, upper respiratory tract infection, tension headache, and headache.

### Selected Safety Information

Otezla can cause severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment. Use in elderly patients and the use of certain medications with Otezla appears to increase the risk of complications from having severe diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.

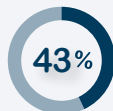
Please see Important Safety Information on page 25.

## Proven *results* in **moderate to severe** scalp psoriasis

Otezla is also proven to treat moderate to severe scalp psoriasis. The scalp is one of the most commonly affected areas of plaque psoriasis.

### Otezla is proven to help get clearer skin on the scalp

In a clinical trial, 201 people taking Otezla were compared to 102 people taking a placebo.



**43% of people** taking Otezla saw an improvement in their scalp psoriasis after just 4 months of treatment, compared to 14% taking placebo.

BEFORE OTEZLA



WITH OTEZLA AT 16 WEEKS



Actual clinical trial patient. Not everyone responds to Otezla, and those who do respond may respond differently.



“After four months of taking Otezla, my skin had improved. I now have elbows and a scalp that are clearer.”

—Sarah, Otezla patient since 2018



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## Otezla is also *proven* to help **improve** both scalp *and* whole body itch

Some people also experienced a reduction in scalp and whole body itch after just 4 months of treatment. See below for a closer look at the percentage of people who experienced an improvement while taking Otezla.

**47%**

### Improvement in scalp itch

47% of people taking Otezla saw a reduction in scalp itch after just 4 months, compared to 21% taking placebo.

**46%**

### Improvement in whole body itch

46% of people taking Otezla saw a reduction in whole body itch after just 4 months, compared to 23% taking placebo.

### Common side effects of Otezla

The most common side effects of Otezla that occurred in the scalp psoriasis study were diarrhea, nausea, headache, and vomiting.

See page 16 for more information.

### Selected Safety Information

Otezla is associated with an increase in depression. In clinical studies, some patients reported depression, or suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression, or suicidal thoughts or behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.

Please see Important Safety Information on page 25.

## Proven results in mild to moderate plaque psoriasis, so people have a choice

- 5x** In a clinical trial of 595 participants, over **5 times more people** achieved clearer skin after 4 months of taking Otezla (22%) compared to placebo (4%).
- 75%** Over 4 times more people achieved **75% clearer skin** after 4 months of taking Otezla (33%) compared to placebo (7%).
- 2x** **Twice as many people** who took Otezla (43%) achieved improvement in whole body itch, compared to those taking placebo (19%) after 4 months.
- 44%** Otezla is the first and only pill for mild to moderate scalp psoriasis, with nearly 3 times as many people achieving clearer skin—**44% of people taking Otezla saw improvement** after 4 months versus 17% of those taking a placebo.

### Mild psoriasis can feel like anything but mild to patients.

In a US survey of 559 adults with plaque psoriasis, 56% of people with mild plaque psoriasis rated their own symptoms as moderate or even severe.

### Common side effects of Otezla

The **most common side effects of Otezla** were diarrhea, nausea, upper respiratory tract infection, tension headache, and headache.

### Selected Safety Information

**Some patients taking Otezla lost body weight.** Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.



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**OTEZLA FOR MODERATE  
TO SEVERE PLAQUE PSORIASIS**

## Sarah's story:

*"I'm grateful to be on an oral therapy that works for me."*

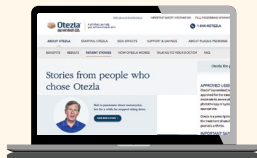
Fly fishing is Sarah's favorite hobby. Being in the great outdoors is where she feels most at peace. But when plaque psoriasis entered the picture, appearing on her skin and scalp (bringing redness, flaking, and scaliness with it), going outside was the last thing on her mind. Instead, she wanted to stay inside and hide her skin from the world. At first, her dermatologist prescribed topical treatments like shampoos and creams, but they didn't give her the results she wanted.

### Why she chose Otezla

Frustrated with her treatment options, Sarah decided to get a second opinion. Her new dermatologist had this to say: "Let's try something different—not a cream."

Sarah's dermatologist recommended Otezla, and after a talk about possible side effects and results, she began taking the starter pack.

After 4 months, her skin had improved. She now has elbows and a scalp that are clearer. She's able to be back in the great outdoors, feeling better in her own skin.

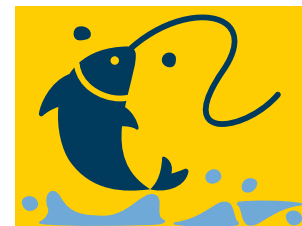


Hear from more people taking Otezla at  
[OtezlaStories.com](https://www.otezla.com/stories)



*"It's tough to use creams, foams,  
and shampoos when you're in  
the middle of nowhere."*

—SARAH  
Otezla patient since 2018



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## Side effects of Otezla® (apremilast) *in plaque psoriasis*

### Otezla in moderate to severe clinical studies

Otezla clinical studies involved 1426 adults with moderate to severe plaque psoriasis who were candidates for phototherapy or systemic therapy. In each study, some people took 30 mg of Otezla twice daily, and others took a placebo.

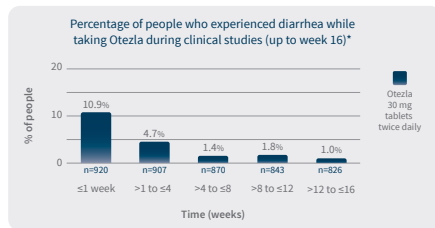
### Side effects

The table below shows the most common side effects reported by people taking Otezla, compared to those reported by people taking a placebo.

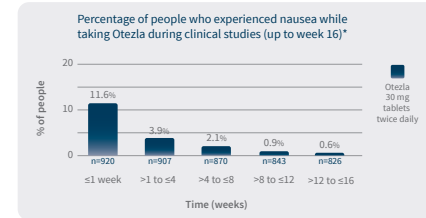
Most common side effects (up to week 16)	Otezla (920 people)	Placebo (506 people)
Diarrhea	17%	6%
Nausea	17%	7%
Upper respiratory tract infection	9%	6%
Tension headache	8%	4%
Headache	6%	4%

## Most common gastrointestinal side effects over time

In most people, the side effects of diarrhea and nausea occurred within the first 2 weeks of treatment and tended to go away over time without stopping Otezla. In some cases, patients with severe diarrhea or nausea were hospitalized. Tell your doctor if any side effects occur.



## Most common gastrointestinal side effects over time (continued)



\* These studies involved 920 adults with moderate to severe plaque psoriasis who initially received Otezla 30 mg twice daily.

"n" represents the number of people participating in the studies during the given week(s).

## Side effects of Otezla *in mild to moderate* plaque psoriasis

Otezla was evaluated in a clinical study. A total of 595 adults with mild to moderate plaque psoriasis received Otezla 30 mg twice daily (297 people) or placebo twice daily (298 people). Overall, the safety profile observed in the Otezla group during the placebo-controlled phase was consistent with the safety profile previously established in people with moderate to severe plaque psoriasis.

## Common side effects of Otezla *in moderate to severe* scalp psoriasis

A separate Otezla clinical study involved adults with moderate to severe scalp psoriasis.

The table below shows the most common side effects from this clinical study, reported by people taking Otezla 30 mg twice daily, compared to those reported by people taking placebo.

Most common side effects (up to week 16)	Otezla (200 people)	Placebo (102 people)
Diarrhea	31%	11%
Nausea	22%	6%
Headache	12%	5%
Vomiting	6%	2%



## Proven *results* in **psoriatic arthritis**

### Otezla is a different kind of pill

For some people, after just 4 months,  
*Otezla is proven to:*



Reduce joint swelling, tenderness, and pain



Improve the ability to perform physical  
activities of daily living

As you may know, psoriatic arthritis is a chronic condition. Even if your symptoms are improving, psoriatic arthritis is still here, so it's important to continue to take Otezla as prescribed. Talk to your doctor if you experience any side effects.

### Common side effects of Otezla

The most common side effects of Otezla were diarrhea, nausea, and headache.

### Selected Safety Information

Some medicines may make Otezla less effective and should not be taken with Otezla. Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.



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## Side effects of Otezla *in psoriatic arthritis*

### Otezla in clinical studies

Otezla was tested in clinical studies in 1,493 adults with active psoriatic arthritis. All patients in these studies had been diagnosed with psoriatic arthritis for at least 6 months. They ranged in age from 18 to 83 years.

In each study, some people took 30 mg of Otezla twice daily, and others took a placebo.

### Common side effects of Otezla

The table below shows the most common side effects reported by people taking Otezla compared to those reported by people taking a placebo.

Most common side effects (up to week 16)*	Otezla (493 people)	Placebo (490 people)
Nausea	9%	3%
Diarrhea	8%	2%
Headache	6%	2%

\*Data from day 6 through day 112 (the titration period was days 1-5, during which the dose was gradually increased until the recommended dose of 30 mg twice daily was reached).

These are not all the possible side effects of Otezla. Tell your doctor about any side effect that bothers you or does not go away. If you're experiencing side effects, please consult your doctor.

### Speak up about side effects

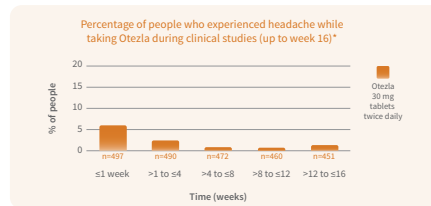
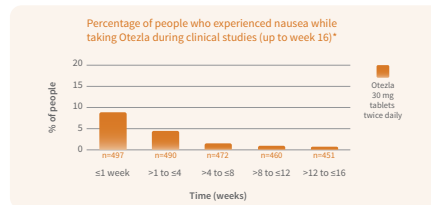
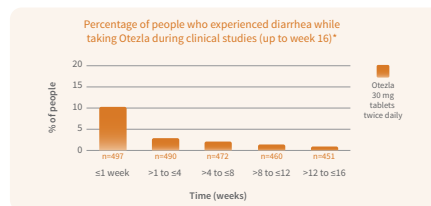
Talk to your doctor about any side effects that bother you or do not go away. He or she may be able to suggest ways to help manage your symptoms.



[otezla.com](http://otezla.com)

## The most *common* side effects over time

In most people, these common side effects of headache, diarrhea, and nausea occurred within the first 2 weeks of treatment and tended to go away over time without stopping Otezla. In some cases, patients with severe diarrhea or nausea were hospitalized. Tell your doctor if any of these occur.



\* These studies involved 497 adults with active psoriatic arthritis who initially received Otezla 30 mg twice daily.

"n" represents the number of people participating in the studies during the given week(s).

## The Otezla SupportPlus™ program



Otezla SupportPlus is a free program designed to help you get started and feel supported every step of the way with Otezla. Benefits of SupportPlus include:



Savings with the **Otezla \$0 Co-Pay\* Program** for eligible commercially insured patients



**Help** with understanding insurance coverage for Otezla

### You've got some questions, we've got some answers

If you have questions about treatment, insurance coverage, or financial support, give **Otezla SupportPlus** a call at **1-844-4OTEZLA** (1-844-468-3952) and speak to a SupportPlus team member to enroll (available 8 AM – 8 PM ET, Monday – Friday).

\*The Otezla Co-Pay Card is for eligible commercially insured patients. Terms, conditions, and program maximums apply. Other restrictions may apply. Please see full Terms and Conditions at [otezla.com/copy](http://otezla.com/copy). This program is not open to patients receiving prescription reimbursement under any federal, state, or government-funded healthcare program. Not valid where prohibited by law. Patients who are not eligible can call 1-844-4OTEZLA to discuss other financial support opportunities.



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Otezla  
Nurse  
Partner

### Starting Otezla?

Start off right with your own personalized support—an Otezla Nurse Partner.\*

**Once you sign up for Otezla SupportPlus, an Otezla Nurse Partner will contact you**

With Otezla, you don't have to do it alone. Once you sign up for Otezla SupportPlus, an Otezla Nurse Partner will call you within the next 24 to 48 hours to provide tailored one-on-one support during your Otezla experience. If you have any questions or concerns, you can also speak to one of our on-call Otezla Nurse Partners at **1-844-4OTEZLA**. **With Otezla, support is always there for you.**



\*Otezla Nurse Partners are nurses by training, but they are not part of your treatment team or an extension of your doctor's office. You will be referred to your doctor's office for clinical advice.

**Please see Important Safety Information on page 25.**



## We are committed to *helping* you get Otezla at a **low cost**

Commercially insured patients can get Otezla for **\$0 per month** with the **Otezla \$0 Co-Pay Card**.

### How to enroll:

- Go to [otezla.com/copay](https://otezla.com/copay)
- Call **1-844-4OTEZLA** (1-844-468-3952)

- If approved by your health insurance plan to take Otezla, you can pay as little as **\$0 per month**, up to an annual maximum benefit. This applies to your out-of-pocket costs, including deductible, co-insurance, and co-payments for Otezla. You are responsible for costs above the annual maximum. Please see full Terms and Conditions at [otezla.com/copay](https://otezla.com/copay).
- If your plan requires a pre-authorization or you are experiencing a delay in obtaining approval for Otezla, you can qualify for the Bridge to Commercial Coverage Offer and receive Otezla free for up to 12 prescription fills within 12 months while pursuing approval from your health plan. No purchase necessary. Please see full Terms and Conditions at [otezla.com/copay](https://otezla.com/copay).

## We've got you *covered*

**If you are uninsured or underinsured**, Otezla SupportPlus can put you in touch with the Amgen Safety Net Foundation, a non-profit patient assistance program sponsored by Amgen that helps qualifying patients access Otezla and other Amgen medicines at no cost.

**If you have Medicare or Medicaid coverage**, our team of Insurance Solutions Specialists can assist you with any questions you may have about your plan. Our team is knowledgeable in Medicaid and can also review the Medicare Part D plan phases to help you understand what you can anticipate.



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For *all* Otezla savings questions: *call*

**1-844-4OTEZLA** (1-844-468-3952)

## IMPORTANT SAFETY INFORMATION

**You must not take Otezla if you are allergic to apremilast or to any of the ingredients in Otezla.**

**Otezla can cause allergic reactions, sometimes severe.** Stop using Otezla and call your healthcare provider or seek emergency help right away if you develop any of the following symptoms of a serious allergic reaction: trouble breathing or swallowing, raised bumps (hives), rash or itching, swelling of the face, lips, tongue, throat or arms.

**Otezla can cause severe diarrhea, nausea, and vomiting, especially within the first few weeks of treatment.** Use in elderly patients and the use of certain medications with Otezla appears to increase the risk of complications from having severe diarrhea, nausea, or vomiting. Tell your doctor if any of these conditions occur.

**Otezla is associated with an increase in depression.** In clinical studies, some patients reported depression, or suicidal behavior while taking Otezla. Some patients stopped taking Otezla due to depression. Before starting Otezla, tell your doctor if you have had feelings of depression, or suicidal thoughts or behavior. Be sure to tell your doctor if any of these symptoms or other mood changes develop or worsen during treatment with Otezla.

**Some patients taking Otezla lost body weight.** Your doctor should monitor your weight regularly. If unexplained or significant weight loss occurs, your doctor will decide if you should continue taking Otezla.

**Some medicines may make Otezla less effective and should not be taken with Otezla.** Tell your doctor about all the medicines you take, including prescription and nonprescription medicines.

**The most common side effects of Otezla** include diarrhea, nausea, upper respiratory tract infection, tension headache, and headache. These are not all the possible side effects with Otezla. Ask your doctor about other potential side effects. Tell your doctor about any side effect that bothers you or does not go away.

**Tell your doctor if you are pregnant, planning to become pregnant or planning to breastfeed.**

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-332-1088.

**Please [click here](#) for the Full Prescribing Information.**



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Have questions  
*or* need some help?  
**Give us a call.**

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Monday – Friday, at  
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